



THE LAKE DISTRICT'S PREMIER CINEMA, RESTAURANT & JAZZ BAR

DAYTIME MENU

BREAKFAST SPECIALS (10-12)

- Granola Pots, Greek Yoghurt, Berry Syrup and Crispy homemade Granola £3.50 | GF VEO
2 Soft Boiled Free Range Eggs, Toasted Sourdough Soldiers £4.50 | GFO
Avocado slices, Slow Roasted Tomatoes, 2 Poached Egg, Toasted Sourdough, Basil Oil £8.50 | GFO
Avocado, Slow Roasted Tomatoes, Scrambled Tofu, Toasted Sourdough, Basil Oil £8.50 | VE GFO
Garlic Mushrooms on Toasted Sourdough £6.50 | GFO
Omelettes [made with free range eggs] plain, cheese, mushrooms or tomato £5.25 | GF
Toasted Crumpets, topped with 2 Poached Egg (marmite optional) £5.25
Toasted Crumpets, topped with Scrambled Tofu (marmite optional) £5.25 | VE
Toasted Crumpets with Damson Jam, Marmalade or Marmite £3.25 | VEO
Toasted Sourdough, with Damson Jam, Marmalade or Marmite £2.95 | VEO

Cakes and slices – Please see display fridge for cakes and slices

Fruit scones with Jam and Butter and cream £3.25

Cheese scone with butter £2.95

Biscuits £1.60 | Slices £2.75 | Cakes £3.75

Gateaux with cream £4.50

DRINKS

Tea, Ceylon, Specialty teas and herb and fruit teas £2.20

Regular Coffee/Cappuccino £2.90 | Large Coffee/Cappuccino £3.20

Espresso £2.60 | Double Espresso £3.00

Hot Chocolate £3.15 Add whipped cream 0.40p

Cafetiere – Brazilian, Italian, Decaffeinated, Guest coffee – small £2.95 | Large £4.95

Milkshakes, English lakes Ice cream with Strawberries, chocolate, coffee or raspberry £3.95

Juices - Orange, Apple, Pineapple £2.65

Water Still or Sparkling 500ml £2.60

Please make your server aware of any allergies or food intolerances when ordering.

VE vegan VEO vegan option GF gluten free GFO gluten free option

DAILY SPECIALS

Toasted Sourdough topped with cherry tomatoes, avocado, two poached eggs and basil oil | VEO GFO £8.50

Individual Quiche freshly made daily with jacket potato or potato wedges and dressed leaves £10.75

Mauritian Vegan Burger spiced mashed potato and pea burger with shredded lettuce and slow roasted tomatoes, mint and coriander chutney and potato wedges with tomato dip | VE £10.75

Italian Herbed Jacket or Spiced Sweet Potato topped with three cheese and spring onion mix, onion chutney, home-baked beans, garlic mushrooms or spicy chilli with sour cream, served with dressed leaves | VEO GF £10.75

SALADS

ALL SALADS £10.75

Warm nut roast nuggets, dressed leaves, sautéed mixed peppers, slow roasted tomatoes, caramelized onions and walnut dressing | VE

Romesco Salad, crisp leaves, garlic croutons, roasted red peppers, almonds, hazelnuts, spring onions and romesco dressing | VEO GFO

Roasted butternut squash, rocket, toasted pine nuts, feta and pomegranate with mint dressing | VEO GF

Piedmont peppers slowly roasted with garlic and tomatoes, crispy crouton with grilled goats cheese | GFO

SANDWICHES AND WRAPS

ALL SANDWICHES AND WRAPS £5.45

Egg Mayonnaise and watercress on homemade sourdough, dressed leaves | GFO

Grilled vegetables and pesto on homemade baguette, dressed leaves | VEO GFO

Goats cheese and red onion on homemade sourdough, dressed leaves | GFO

Mexican Wrap re-fried beans, guacamole, spicy salsa and sour cream | VE GFO

EXTRAS

GREEN SALAD | VE GF £4.75
mixed seasonal leaves and herbs tossed in our house dressing (virgin olive oil, wine vinegar and Dijon mustard)

OVEN ROASTED SPICY WEDGES | VEO GFO £4.25
choose from spicy potato, sweet potato or a mixture of the two with a choice of dips: mayonnaise, garlic mayonnaise, hummus, or pomodoro

COLESLAW | VEO GF £3.95
white cabbage, carrot, onion and apple in a rich mayonnaise

A N T I P A S T I & I N S A L A T A

ALL STARTERS £6.50 APART FROM MEGA MEZZE PLATTER (£4.50 SUPPLEMENT)
MEAL DEALS £24.75 (adults) & £17.25 (children 12 and under)

ZUPPA DEL GIORNO | VEO GFO

homemade soup of the day served with sourdough croutons and parmesan crisp

CAPRÉSE SALAD | GF

finest mozzarella, tomatoes and fresh basil with a balsamic reduction

GARLIC MUSHROOMS

sautéed mushrooms in a hot, creamy, garlic sauce served in a Yorkshire pudding cup

AVOCADO CAPONATA | VE GF

avocado filled with sautéed onions, green peppers, celery and tomatoes in Italian dressing topped with black olives

GOATS' CHEESE, THYME AND ONION TART

caramelized onions, fresh thyme and melted goats cheese in a puff pastry case

MEGA MEZZE PLATTER - TO SHARE | VEO GFO

Za'atar flatbread, baba ghanoush, houmous, pesto, olives, sun blushed tomatoes, feta cheese, roasted vegetables, caramelised onions

M A I N C O U R S E

ALL MAINS £12.50 | Childrens' main courses, & pizzas £7.50 (all main courses available child sized except lasagne and cannelloni)

SPAGHETTI POMODORO | VE GFO

our own classic Italian tomato sauce served with spaghetti, make it Arrabbiata with additional chilli (grated parmesan optional)

PESTO STEFANO | VEO GFO

penne pasta tossed in fresh basil and pine nut pesto topped with rocket and sun blushed tomatoes, make it Pesto Genovese with new potatoes and green beans

ZEFFS CHILLI | VEO GFO

puy lentils, red kidney beans and sautéed vegetables in a rich chilli sauce served with organic brown rice or choice of pasta (Spaghetti, Penne or Pappardelle)

BUTTERNUT SQUASH AND ALMOND PESTO LASAGNE

butternut squash, carrots, onions and celery layered with fresh lasagne sheets and Almond Pesto

WALNUT CANNELLONI

fresh lasagne sheets rolled with toasted walnuts, cream cheese and sun blushed tomatoes

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P I Z Z A S

Zeff's classic pizza base and Zeff's sauce made with fine Italian tomatoes, olive oil, herbs and dressing.
Gluten free pizza base and vegan cheeses available - please ask when ordering.

PIZZA SIZES: SOLITO - STANDARD 9" - £12.50 & GRANDE 12" £14.50 (£2 supplement for Movie Deals)

ZEFFIRELLIS MARGHERITA

Zeff's tomato sauce, mozzarella and fresh basil

BIG ONE

Zeff's tomato sauce, aubergines, courgettes, mushrooms, peppers, pine kernels, olives and capers with mozzarella and cheddar

RAIN FOREST* *We donate 25p from every Rain Forest Pizza sold to support educational projects in southern India*

Zeff's tomato sauce, spinach, roasted peppers, jalapeno peppers and red onions with grated mozzarella and cheddar

SICILIAN

Aubergines, creme fraiche, sultanas, almond pesto, pine nuts, red onion, parmesan, topped with rocket

SIENNA

Zeff's pesto, spinach, sun blushed tomatoes, goats cheese, chopped pecans and drizzled honey

MILANO

Zeff's tomato sauce, potato, green olives, sage and stilton cheese

D E S S E R T S

ZEFF'S TIRAMISU £6.50

traditional Italian trifle, coffee liqueur-soaked sponge, layered with mascarpone

**contains uncooked free-range eggs*

GINGER AND PEAR STICKY TOFFEE PUDDING | VEO £6.50

pears and ginger baked in a sticky toffee cake served with cream or ice cream

SUMMER PUDDING *layered berry fruits with cream, ice cream or soya cream* | VEO GFO £6.50

CHOCOLATE SORBET WITH SWEET PISTACHIOS IN OLIVE OIL | VE GF £6.50

ALMOND PANNA COTTA *with watermelon and rosewater* | VEO GF £6.50

GLAZED LEMON TART, RASPBERRY AND FRAMBOISE COULIS, PISTACHIO ICE CREAM £6.50

PASSION FRUIT ROULADE *with fresh cream* | GF £6.50

SOFT FROZEN YOGHURT | GFO £4.75

SOFT FROZEN YOGHURT WITH SAUCE | GFO £6.25

Choose from banana & butterscotch sauce or red berry sauce

ASSORTED ICE CREAMS AND SORBETS | VEO GFO £2.50 PER SCOOP

Double Jersey, Death by Chocolate, Cappuccino, Strawberry, Raspberry Ripple, Pistachio, Rum and Raisin or Ginger Ice Creams (vegan ice cream available, Vanilla, Chocolate or Strawberry) & Lemon, Elderflower, Strawberry or Raspberry Sorbets

Add Hot Chocolate or Butterscotch sauce, Espresso Coffee or Pedro Ximenez £2.50 | VEO GFO

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